



## Upcoming District Events/News...

### East Central District Book Club

The July Book Club is **CANCELLED**.

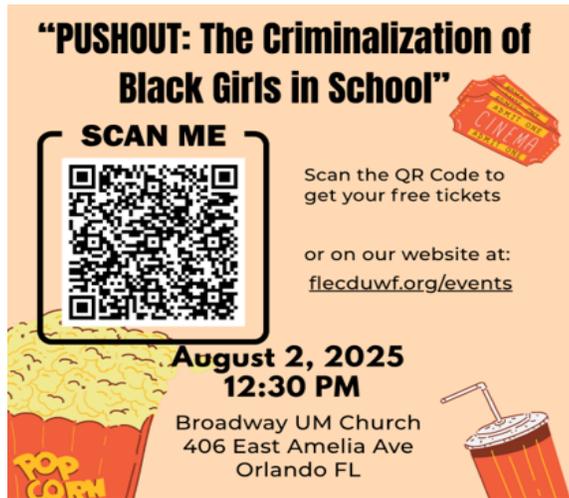
We will resume in August via zoom at 7:00 PM on the 2nd Tuesday of the month. Please register at [ECD Calendar of Events](#)

### The 2024/25 reading program ends June 30.

Scroll to Reading Program within this issue for more details.

### **Movie Screening PUSHOUT: The Criminalization of Black Girls in Schools**

On August 2, 2025 at 12:30 pm, the United Women in Faith East Central District will be showing the impactful and very topical national documentary, "PUSHOUT: The Criminalization of Black Girls in Schools," at Broadway United Methodist Church, 406 E. Amelia St, Orlando. This documentary exposes the alarming numbers of African American



Scroll to upcoming events or Scan for FREE Tickets!

information: [ECD Calendar of Events](#)

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### Links

#### UWF East Central District:

[Florida East Central District United Methodist Women](#)

#### UWF East Central District

Calendar of Events: [ECD Calendar of Events](#)

UWF Florida Conference: [Florida Conference UWFaith](#)

### Leadership Team

- Janet Blume, President
- Paula Foley, Vice-President
- Linda Welander, Secretary
- Maryann Mueller, Treasurer
- Dorothy Mathias, Program Resources
- Gillian Wolfe, Chair, Committee on Nominations
- Yvonne Lorah, Committee on Nominations
- Diane Abresky, Communications

Here is a link to a **sign-on letter** that individuals can send to our Senators: [Tell Congress "No Cuts to Food Assistance and Health Care" - Action Network](#)



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## **President's Note**



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## Message from the Secretary...

[Lindawelander.umw@gmail.com](mailto:Lindawelander.umw@gmail.com)

Linda Welander  
498 W. Lakeshore Dr.  
Clermont, FL 34711  
(712-480-2966)



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## **Committee On Nominations**

# **Calendar of Events**



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# 2025 Calendar of Events East Central District

<b>February 1, 2025</b>	<b>Officer Training for Unit Officers</b> Virtual on Zoom
<b>March 15, 2025</b>	<b>Haitian Convocation</b> El Shadai / Wesley UMC-Fort Myers FL
<b>March 22, 2025</b>	<b>Mission Study</b> Lakeside UMC, Sanford, FL
<b>March 23, 2025</b>	<b>UW Faith Day of Giving</b> On-Line
<b>April 13-18, 2025</b>	<b>Child Advocacy Week</b> State House Tallahassee FL
<b>May 17, 2025</b>	<b>How To Do Social Action</b> Virtual Zoom Event
<b>June 2025</b>	<b>Florida Annual Conference</b> Florida Southern College, Lakeland FL
<b>July 18-20, 2025</b>	<b>Mission U</b> Westin North Orlando, Lake Mary, FL
<b>July 23, 25, 30 &amp; August 1, 2025</b>	<b>Mission U Virtual</b> Virtual Zoom Event
<b>August 2, 2025</b>	<b>Movie Screening PUSHOUT: The Criminalization of Black Girls in Schools</b> Broadway United Methodist Church, 406 E. Amelia St, Orlando 12:30 PM
<b>October 18, 2025</b>	<b>District Annual Meeting</b> Ashbury UM Church, Maitland
<b>November 8, 2025</b>	<b>Conference Annual Meeting</b> First United Methodist Church, Lakeland, FL

There is more detailed information on our website at [UWF East Central District Calendar of Events: ECD Calendar of Events](#)



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## UWF Florida Conference Upcoming Event



### FL CONFERENCE UNITED WOMEN IN FAITH MISSION U 2025

In person: Friday, July 18 – Sunday, July 20, 2025

The Westin Lake Mary, Orlando North hotel

2974 International Parkway, Lake Mary, FL 32746

Virtual: Tuesdays and Thursdays, July 22<sup>nd</sup>, 24<sup>th</sup>, 29<sup>th</sup>, & 31<sup>st</sup>, 2025; 6:30 pm-9:00 pm

Place these dates on your calendars and be watching for more information in your email inboxes and on the conference website.

**Adult Study:** “Practicing Hope” is a biblical curriculum that invites us to explore hope as a daily practice. Its purpose is to allow all of our communities to cultivate hope that is honest about our current conditions, hope that is restorative when everything feels urgent, and hope that is possible even when we transgress.

**Youth Study:** “Communities of the Spirit: Living into Hope as Resurrection People” focuses on doing more than simply having hope. This curriculum is about living into hope, and invites youth to consider what they need in a community to help them be committed to actions that transform the world into the kin-dom they anticipate.

**Children’s Study:** “Hope As Resurrection People” intends to help children build trust in Jesus’ resurrection and in coming together in mutual support and fellowship. By reflecting on various parts of their lives, children will create a “Tree of Hope” to help recognize that as their hope grows in Jesus, they can build communal hope and be the change our world needs today.

Scholarships are available. The Scholarship application is already posted on the Conference UWFaith website: <https://flconfuwf.org/2025-mission-u> **Apply Today!**



# FL Conference United Women in Faith 2025 Mission u REGISTRATION FOR MISSION U IS OPEN!

To register, visit the FL Conference UWFaith website at [Florida Conference UWFaith](#)

Or register directly by clicking on this link:

[Click here to register for In-Person or Virtual Mission u](#)

Adult Study: "Practicing Hope"

Youth Study: "Communities of the Spirit: Living into Hope as Resurrection People"

Children's Study: "Hope As Resurrection People"

**In-Person Mission u:** Friday, July 18—Sunday, July 20, 2025

The Westin Lake Mary, Orlando North hotel

2974 International Parkway, Lake Mary, FL 32746

**In-Person Mission u Fee:** Adults: \$150; Youth ages 11-17: \$100; Children ages 10 and under: \$80

**Registration deadline for In-Person Mission u is Friday, June 20, 2025**

**Scholarships:** A limited number of scholarships is available for In-Person Mission u. The Scholarship Application can be found at [Florida Conference UWFaith](#) **Completed applications must be received by Thursday, May 15th.**

**Hotel room reservations must be made separately, directly with the Westin Lake Mary.**

**Special rate: \$128/night, single or double. Hotel reservation deadline is Friday, June 27, 2025.**

**To reserve your hotel room, click on this link:**

[Link to Book you room direct at a Group Rate for Mission u 2025](#)

**Virtual Mission u via Zoom:** Tuesdays & Thursdays, July 22, 24, 29, & 31; 6:30 p.m.—9:00 p.m.

**Registration deadline for Virtual Mission u is Tuesday, July 8, 2025**

**Virtual Mission u Fees:** Individual: \$25

Group of 3-5 together in one location on one device: \$75

Group of 6-10 together in one location on one device \$100

Group of 11+ together in one location on one device: \$150

(If registering as a group, please identify a group leader who will register first, pay, and then receive a code. The leader must then share that code with each member of the group. Each member of the group must then use that code when registering individually in order for the group rate to be applied to their registration.)

# PUSHOUT: The Criminalization of Black Girs in School

## Free Moving Screening!

On August 2, 2025 at 12:30 pm, the United Women in Faith East Central District will be showing the impactful and very topical national documentary, "PUSHOUT: The Criminalization of Black Girls in Schools," at Broadway United Methodist Church, 406 E. Amelia St, Orlando. This documentary exposes the alarming numbers of African American girls facing unfair and inequitable treatment in schools across the country and also outlines initiatives to help them cope and heal. PUSHOUT is based on two of Dr. Monique Morris's books, "PUSHOUT: The Criminalization of Black Girls in Schools" and "Sing a Rhythm, Dance a Blues," and exposes a new and troubling trend: African American girls are the fastest-growing population in the juvenile justice system and the only group of girls disproportionately experiencing harsh discipline at every educational level. Don't miss the the chance to see this informative documentary! The movie is free, but you must register for tickets to make sure we can accommodate everyone. Funding for this screening was provided by the National Office of United Women in Faith. For additional information, please email us at [flecduwfaith@gmail.com](mailto:flecduwfaith@gmail.com).

 United Women in Faith  
Florida Conference  
East Central District

# FREE MOVIE SCREENING

## “PUSHOUT: The Criminalization of Black Girls in School”

**SCAN ME**



Scan the QR Code to get your free tickets

or on our website at: [flecduwf.org/events](https://flecduwf.org/events)

**August 2, 2025**  
**12:30 PM**

Broadway UM Church  
406 East Amelia Ave  
Orlando FL





## Assembly 2026

United Women in Faith Assembly is an amazing experience where United Women in Faith members come together and have a time of fellowship, faith, and fun.

The 2026 Assembly will be held in Indianapolis, IN from May 15-17, 2026 and the theme is “Dream It, Believe It, Do It”.

Early Registration will be held from Sep 2, 2025-Nov 30, 2025 and the Early Bird Registration Cost is \$365.00

To get additional details, click >> [UWFaith.org Assembly 2026](https://uwfaith.org/assembly)

### **What's Assembly 2026 all about?**

It's a celebration of who we are and what we can achieve together. Assembly is our chance to unite, recharge, deepen our faith, and make a difference.

### **What awaits you at this empowering event?**

#### **OPPORTUNITIES TO:**

- Be nurtured by deep Soul Care experiences.
- Be equipped through cutting-edge workshops.
- Be inspired by top women experts in their field.
- Become influencers through networking connections.
- Make an impact through action for justice.

It's time to talk, time to dream, and time to build because when women of faith put our love into action, we are unstoppable.

### **Come be transformed at Assembly 2026!**

### **For more information contact:**



[uwfaith.org/assembly](https://uwfaith.org/assembly)



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# 2025 Calendar of Events

## UWFaith Florida Conference

January 17	Program Committee	Zoom
January 20	Leadership Team meeting	Zoom
February	Finance Committee	Zoom
March 14	Program Committee	Zoom
March 15	Haitian Convocation	El Shaddai/Wesley UMC
March 17	Leadership Team meeting	Zoom
March 23	United Women in Faith "Day of Giving"	
April 14-18	Children's Advocacy week	Tallahassee
April	Racial Justice Committee	Zoom
May 16	Program Committee	Zoom
May 19	Leadership Team meeting	Zoom
June 5-7	Florida Annual Conference	Lakeland
July 18	Program Committee	Zoom
July 21	Leadership Team meeting	Zoom
July 18-20	Mission u	Westin, Lake Mary
July 22, 24, 29, & Aug31	Virtual Mission u	Zoom
August 2	Finance Committee/Budget approval	Zoom
August 6	Mission u Committee	Zoom
September 12	Program Committee	Zoom
September 15	Leadership Team meeting	Zoom
September	Social Action/Racial Justice event	Zoom
October	Racial Justice Committee	Zoom
November 8	UWF Conference Annual Meeting	[tbd]
November 14	Program Committee	Zoom
November 17	Leadership Team meeting	Zoom
December	Advent event	Zoom

### 2026

January	Leadership Development/Goals Setting	[tbd]
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# Reading Program

## UW Faith 2024—2025

### East Central District Book Club

Join the discussion of these books on the second Tuesday of each month at 7:00. Sign up at [www.flecduwfaith.org/events](http://www.flecduwfaith.org/events) to receive the zoom information.

### JULY Discussion is CANCELLED— resumes in August!

#### **TOO SOON OLD, TOO LATE SMART** by GORDON LIVINGSTON

This bestselling collection of common-sense wisdom from celebrated psychologist and veteran Gordon Livingston proves it's never too late to move beyond the deepest of losses. Out of a lifetime of experience, Livingston has extracted 30 bedrock truths, including that we are what we do; any relationship is under the control of the person who cares the least; the perfect is the enemy of the good; and only bad things happen quickly. Livingston illuminates these in a series of essays, many of which focus on our close relationships and the things that we do to impede or, less often, enhance them.

### August book club read - Spiritual Growth

#### **MIRACLES AND OTHER REASONABLE THINGS: A Story of Unlearning and Relearning God** by Sarah Bessey

In this poignant book, Canadian Christian author and blogger Sarah Bessey shares how a serious car accident unexpectedly shook her deeply rooted faith, unending everything she thought she knew and held so dearly. Weaving together theology and memoir in her trademark narrative style, she tells us the story of the moment that changed her body and how it ultimately changed her life. The road of healing leads to Rome where she met the Pope and encountered the Holy Spirit in the last place she expected. She writes about her miraculous healing, learning to live with chronic pain, and the ways God makes people whole in the midst of suffering.

**Reminder: The 2024/25 reading program ends June 30. Please email me the names of the people in your unit who have read and what reading plan they achieved. I must have this information no later than September 10, 2025, so certificates can be made and their names published in the East Central District Annual Meeting booklet.**

Happy Reading,

Dottie Mathias,

East Central District Secretary of Program Resources

[dottiemathias.umw@gmail.com](mailto:dottiemathias.umw@gmail.com)

# **Reading Program UW Faith 2025—2026**

## **A new Reading Program year has started!**

The reading program goes from July 1, 2025 to June 30, 2026. You may read any of the books on reading lists from 2022 to 2026. The 2026 book list will be in the November/December Response Magazine.

Read one book from each of the categories and you are a plan 1 reader. To accomplish plan 2 read two books from each of the categories. To be a plan 3 or plan 4 reader just keep reading.

If you are not an avid reader start with the children or youth books. They count the same as the adult books. Also, many books are on audio so you can listen to the book being read to you. Tuning into the podcast from Voices in the Field and Faith Talks gives credit for Education in Mission and Spiritual Growth.

Just a reminder to keep track of the books you read and their category. The easiest way to keep track is to print out the reading report form at [www.uwfaith.org/resources/reading](http://www.uwfaith.org/resources/reading) This is also where you will find the reading plans and book lists.

Do you have a subscription to Response magazine? Reading it is part of all the reading plans and reading all the issues is a credit for Nurturing for Community. Response comes out six times a year and is a great resource about all the missions and programs of United Women in Faith.

Set a goal and begin reading. Reading is knowledge and readers are leaders, so read, read, read!

**East Central District Secretary of Program Resources,**

# **UW Faith Unit News**

# **First UMC of Winter Park**

## **UWFAITH Unit News**

### **RUTH CIRCLE – SERVING OUR COMMUNITY**

#### **First United Methodist Church of Winter Park**

Ruth Circle began 2025 with a series of meaningful programs that illustrated building stronger relationships in our community. We first studied C. S. Lewis' "Mere Christianity" and focused on how passages from the book connected with the author's early years and his eventual transition from atheist to Christian.

In February, we studied the United Women of Faith's program on Prayer and Self-Denial, Bold Women Transforming Communities. We learned specifically about the work of United Women of Faith in Peru where micro-loans help women start their own businesses. The money collected from this year's Prayer and Self-Denial offering will be used to support such programs.

In March, we learned about the accomplishments of Family Promise of Orlando. Lack of affordable housing in our area, combined with low-income jobs, has contributed to a large number of homeless families. The mission of this organization is to help families who are experiencing this situation. Our church has been one of the shelter churches for Family Promise for over 20 years - hosting up to four families for a week four times a year.

In April, representatives from FUMCWP's two preschools told us about their curriculum using innovative play-based learning with a Christian foundation.

We closed the series with a potluck luncheon in May. This summer we will be doing service projects around the community.

Ruth Circle welcomes new members. We would love to have you join us for fun, fellowship and service. For more information, email [info@fumcwp.org](mailto:info@fumcwp.org).

Submitted by: Kate Kinsley

# Sanlando UMC UWFaith UWFAITH Unit News

## Sanlando's Summer Outreach Supports Students in Need

Sanlando United Methodist Women in Faith provided a work crew of 13 volunteers to pack food bags for Hearts, Hands & Hope in Sanford. We were delighted to include two guest volunteers in our crew as we packed 160 bags of non-perishable food for distribution to Seminole County Public School students in need. Hearts, Hands and Hope utilizes volunteers year round to combat local food insecurity ([hearts-hands-hope.org](http://hearts-hands-hope.org)) We are thankful for the opportunity to serve together for this worthy cause.



Submitted by: Jill Mross  
Longwood, Florida  
(407) 252-5646

# A Note From Your Communications Coordinator...

## What is your unit doing to show LOVE IN ACTION?

**Send in your article telling us how you are showing your Love in Action in 2025 so we can share it with others!**

The Trumpet Sound will be published bimonthly (January, March, May, July, September, November)

***Due date for upcoming articles for July Newsletter is August 15th.***

***Here are some ideas for articles:***

- ◇ What is your unit doing to show Love in Action for women, children and youth?
- ◇ How is your unit serving in missions?
- ◇ Have you used the UWFaith Program Book for a unit event?
- ◇ Have you done a program on Call to Prayer and Self-Denial?
- ◇ How have you used the Daily Prayer Guide?
- ◇ What are your upcoming UWFaith events?

Please make sure the article is no more than three paragraphs. Also, send a couple pictures with your article.

Email your articles to [dianeabresky.umw@gmail.com](mailto:dianeabresky.umw@gmail.com) by August 15th. In the subject line add Trumpet Sound.

*If you have any questions, please feel free to email me at the above email.*

Past Trumpet Sound Publications can be found on the website by following this link:

<https://flecduwfaith.org> under publications.

We invite you to view the website: <https://flecduwfaith.org> or visit us on Facebook Florida East Central District United Methodist Women | Facebook